

# MAYS BISTRO SUNDAY LUNCH MENU

## TO START

**THE BISTRO CHOWDER** €10.50  
Mixed Atlantic seafood chowder served with homemade brown bread 1.2.3.4.5.7.8.9.11.12.13.14

**SOUP OF THE DAY** €7.00  
Served with homemade brown bread 1.3.5.7.8.9.11.13

**DUCK & BACON SALAD** STARTER €12.50  
MAIN €19.90

Mixed leaves, orange, broad beans, red Onion, carrots & hoisin sauce on side 6.10

**POWER SALAD** STARTER €10.50  
MAIN €13.90  
Mixed masculine leaves with seeds, avocado, red onion & grated carrot topped with Greek feta cheese .5.7.8.10.11

Add strips of Cajun chicken €5.00

Add strips of succulent beef/ tiger prawns €5.50

**SWEET SESAME GLAZED CHICKEN WINGS** €10.50

Served with petit salad .1.6.10.11.12

Main served with chips €16.50

## MAIN COURSE

**ROAST STUFFED TURKEY & HAM** 1.3.7 €17.50  
With fresh parsley & onion stuffing, creamy mash potatoes, seasonal vegetables with chasseur sauce.

**ROAST SIRLOIN OF BEEF** .7 €17.50  
Sirloin of prime beef with creamy mash potatoes, seasonal vegetables & house gravy

**OVEN BAKED ATLANTIC SALMON** .4.7.12 €18.50  
Served with mash potatoes, sautéed greens with white wine sauce

**ROAST CHICKEN SUPREME** .7 €17.50  
With creamy mash potatoes with a creamy mushroom sauce

**BEYOND MEAT BURGER** .1.10 €17.90  
The worlds first plant-based burger that looks, cooks and satisfies like beef without GMOs, soy or gluten. Served with jalapeno relish, lettuce, tomato, vegan mayo in a toasted bun. With petit salad & chips

**THE BISTRO GOURMET BURGER** .1.3.7 €18.90  
Homemade 6oz burger with 100% Irish beef served with tomato, onion & Iceberg lettuce with burger sauce on a toasted brioche bun served with chunky chips & homemade slaw + streaky bacon €2.50 + cheese .€1

**CHICKEN FILLET BURGER** .1.3.7 €17.90  
Grilled butterfly of chicken breast dusted in Cajun spices, tomato, onion & burger sauce with homemade slaw & chunky chips  
Add streaky bacon €2.50 + cheese .€1

**CREAMY ITALIAN TAGLIATELLE PASTA** .1.3.7.12 €15.00  
In a creamy sauce with wild mushrooms, broccoli & spring onion  
Add strips of Cajun chicken €5.00  
Add strips of beef/ tiger prawns €5.50

**3 BEAN STEW** .9 €15.90  
A blend of spices, fresh vegetables & beans brought together on a one pot stew served with rice .9

## DESSERT

**WARM RUSTIC APPLE PIE** 1.3.7.8 €7.50  
With crème anglaise & homemade vanilla ice cream

**CHEESECAKE OF THE DAY** .1.7 €7.50  
with homemade ice cream

**JELLY & HOMEMADE ICE CREAM** 3.7 €6.90

**TRADITIONAL SHERRY TRIFLE** .1.3.7 €6.90

**CHEFS SPECIAL DESSERT** €7.50

**POLENTA CAKE** .3.7.8 €7.50  
Fresh lemon curd, raspberry coulis & crushed meringue

**MAY'S CHOCOLATE BROWNIE** .1.3.7.8 €7.50  
Served with caramelised popcorn & peanut butter Ice- Cream

**FOOD ALLERGY NOTICE;** Food prepared here may contain nuts and other ingredients which can cause allergic reactions. If you or any of your guests have an allergy please inform your server and our chefs will be happy to accommodate your needs.

FRIENDLY OPTIONS AVAILABLE: C COELIAC | V VEGETARIAN | VEGAN **1** Wheat, **2** Crustacean, **3** Egg, **4** Fish, **5** Peanuts, **6** Soy, **7** Dairy, **8** Treenuts, **9** Celery, **10** Mustard, **11** Sesame, **12** Sulphites, **13** Lupin, **14** Molluscs.