Spa Suka

VOYA is a multi-award-winning spa brand boasting a certified organic status, a family ethos, and a tangible relationship with its core ingredient seaweed. Built on passion, integrity, and respect for the sea. For over 10 years, VOYA has led the way for results-driven, certified organic skincare worldwide. We blend our cherished natural resource with a wealth of the purest organic active ingredients and essential oils. inspired by their wild environment.

Every treatment and skincare product conceptualised and developed has been a carefully considered work of art. Authenticity, respect for the planet and the human connection at each and every stage of the creation process makes VOYA unique and is key to its continued success.

VOYA DELUXE FACIAL 80 MIN €125

The ultimate VOYA facial experience, this treatment allows guests to experience the best of both worlds. The treatment starts with a back massage to induce relaxation and gently melt away muscular pain. The facial contains a 20-minute massage to deeply restore and recondition the skin followed by a dual action facial mask utilizing the exclusive re-mineralising Mermaid's Purse face mask and laminaria leaves. This indulgent facial leaves the skin rejuvenated and hydrated, softening the appearance of fine lines and reducing the skin's texture leaving the skin supple and plumped.

VOYA SKIN RENEWAL FACIAL 50 MIN €110

This specialized facial is the complete approach to results driven organic skin health. Using VOYA's first bio-tech skin specific serums, combined with the sonic pulses of the Haumea Brush technology, targeting various skin concerns for optimal skin health. Starting with VOYA's deep cleansing ritual to ensure your skin is prepared for the Resurfacing AHA peel that diminishes congestion and lackluster skin. Followed by a powerful age defying facial massage and shoulder massage, all to be polished off with VOYA's advanced serum and moisturiser tailored to your skin's needs.

VOYA DISCOVERY FACIAL 50 MIN €85

Allow VOYA to tailor your facial specifically to your skin's unique needs. This skin type-specific ocean inspired organic facial is deeply detoxifying, thoroughly revitalising and helps to smooth skin tone and increase clarity. It incorporates a relaxing facial massage used to release any build-up of toxins and toxic micro particles, to repair and nourish any skin cells damaged by pollution and chemical exposure. You will be left with a revived glowing complexion that is both enriched and strengthened.

discover...a sanctuary

EXCLUSIVE TO SPA SULA & SPA VEDA :

THE VOYA SIGNATURE JOURNEY 80 MIN €150

Tension melts away as warm steamed poultices of orange, clove and ginger glide over the skin releasing the precious seaweed oils while soothing muscle aches and pain, followed by a warm mud wrap infused with aromatic spices which also revive the senses, calms the mind and restores hydration.
Includes: Poultice Back massage, mud wrap, scalp and face massage.

VOYA MARINE EYE TREATMENT 50 MIN €65

Add to any 80 min treatment 25 MIN €35

Organic Laminaria digitata Seaweed eye patches are hand harvested from the wild Atlantic ocean. This is an ultimate treat for refreshing and rejuvenating tired eyes. The Seaweed Marine Eye treatment combines relaxing and decongesting lymphatic massage movements with specialised products for individual concerns of aging which appear around the eye area.

VOYA TASTER 50 MIN €85

Renew and revive, choose one of the following tasters :
VOYA SPA SULA TASTER -
Back, Neck & Shoulder Massage & Express Facial
VOYA RELAXATION TASTER -
Back, Neck & Shoulder Massage & Indian Head Massage

VOYAGER MASSAGE 80 MIN €130

A true grounding journey, incorporating scalp massage, face massage, stretches and body massage that replicates the movement of the sea combining both gentle and stimulating movements. The ultimate luxury treatment to relieve aches and pains tailored to individual needs.
Includes: body brush, body massage, application of body lotion, facial massage, scalp massage
Choose from:
|Uplift-Angelicus Serratus
| Relax -Mindful Moments
| Muscle –Serenergise

VOYA PRECIOUS MOMENTS 50 MIN €90

This is tailored especially to Mum and her growing bump. The growing bump is enveloped in a specialised mask helping to support connective tissue and prevent stretch marks. Your feet will be wrapped in Laminaria Digitata Seaweed leaves to help boost circulation, improve lymphatic drainage and reduce fluid retention.
The hydrating organic masks work their magic while Mum enjoys a beautifully relaxing face, hand and arm massage.

discover...wellness

MOTHER TO BE YTSARA SAMSARA 50 MIN €75

A gentle side-lying massage to release tensions in the back and the legs. Organic virgin coconut oil nourishes dry and sensitive skin. This treatment is designed to answer all the developing needs of you and your baby, giving the nurturing treatment you both deserve. Eases aches and pains of your whole body. Recommended after first trimester only.

VOYA ORGANIC HAND RITUAL 50MIN €65

A Time to Shine exfoliation from hand to elbow, a deeply relaxing hand, arm and scalp massage after which your hands are wrapped in warmed Atlantic seaweed leaves to hydrate, increase circulation and nourish dry hands. To complete this treatment, nourishing Handy to Have cream is applied.

VOYA ORGANIC FOOT RITUAL 50 MIN €65

A sea salt exfoliation from the knees down, a deeply relaxing massage of the lower legs after which your legs are wrapped in warmed Atlantic seaweed leaves to detoxify, increase circulation and nourish tired feet and legs. To complete this treatment nourishing Softly Does It is applied.

RASUL CHAMBER 40 MIN €40 PP

An exotic Arabic body treatment in a private chamber for up to four guests. A cleansing ritual involving steam and mud that will leave you feeling calm and relaxed with beautifully exfoliated soft skin.

VOYA ORGANIC 50 MIN €70
STIMULATING SEAWEED BODY BUFF

Letting us scrub your body head to toe with certified organic bladder wrack body buff (Fucus Vesiculosus) is the ultimate treat for tired and dull skin. The anti-oxidants from our mineral-rich bladder wrack seaweed combines with VOYA's signature seaweed massage oils to offer a powerful organic way to better skin. Includes: welcome ritual, exfoliation, application of body lotion, closing ritual

BATHING RITUALS

AROMA BATH SALT THERAPY 40 MIN €55

A relaxing bath soak with a blend of VOYA organic essential oils, organic lemon, lime, clove, basil and mandarin combined with bath salts. This is a wonderful aromatic bath treat prior to further VOYA treatments.

LAZY DAYS DETOX SEAWEED BATH 40 MIN €55

Submerge your body into a bath of organic, hand-harvested Atlantic seaweed (focus serratus) to remove unwanted toxins and alleviate aches and pains. This bathing ritual is the simplest and purest of all organic treatments. With its organic status approved by the IOFGA, Lazy Days utilises the natural power of organic hand-harvested seaweed to deeply moisturise the skin, increase circulation and promote healing internally and externally. This is the renowned "sailors cure".

WARM OIL ABHYANGA MASSAGE 50 MIN €85

A rhythmic and gentle whole - body massage, considered to be one of the most rejuvenating massage therapies available worldwide. This unique massage promotes sleep, reduces tiredness and strengthens the body. This massage helps to pacify vata (that nervous feeling) in our bodies and create a sense of "grounding".

SWEDISH MASSAGE 50 MIN €75

This massage has a light to medium touch and is used to promote overall relaxation, stimulate circulation, reduce muscle tightness and enhance muscle tone.

LYMPHATIC DRAINAGE MASSAGE 50MINS €70

This is a light flowing full body massage which encourages the lymphatic system to eliminate toxins from the body particularly helping conditions such as lymphodema, cellulite and chronic fatigue syndrome.
This deeply relaxing massage is also recommended for insomnia, reducing stress and promoting vitality.

YTSARA WARM BAMBOO ANMA 80 MIN €120

To sculpt figure. Anma is a traditional method of massage from Japan and is also where Bamboo 'Take' has its roots. This medium pressure full body treatment incorporates both hot poultice and warmed Bamboo to help fight cellulite, tone muscles, stimulate lymphatic system and detoxify the organs. Leaving you more energised and less stressed.

FIRM PRESSURE 50 MINS €90

This firm pressure massage is designed to stimulate and invigorate your muscles using slow strokes and firm pressure on areas of the body suffering from chronic muscles tension or areas that simply ache.

REFLEXOLOGY 50 MINS €75

This ancient pressure point foot treatment concentrates on a map of the body's organs and systems. This technique helps the body's natural healing process.

LUXURY MANICURE 50 MIN €55
LUXURY PEDICURE 50 MIN €55

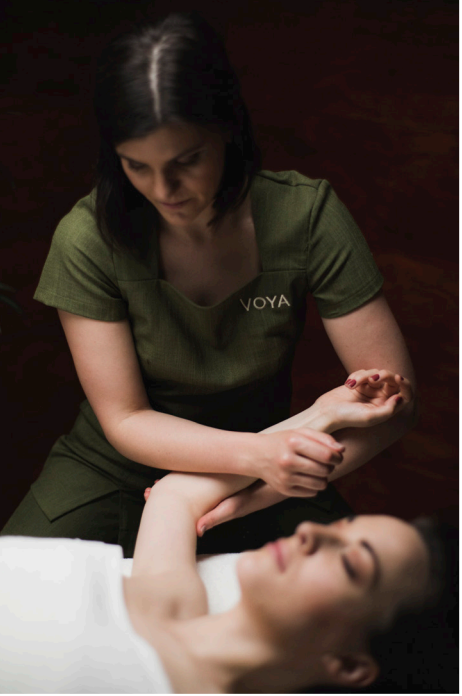
With this fabulous luxury manicure or pedicure you will be polished & buffed to perfection.
|Add Semilac to Luxury Manicure or Pedicure €10
|Shellac removal €10

SPA SULA THERMAL SUITE 60 MIN €15

Complimentary use of the Thermal Suite with all facial and body treatments booked.

Enjoy the detoxifying, soothing warmth of the specialised dry and wet heat cabins as you voyage between the rock sauna, steam room and aroma grotto before refreshing under the tropical rain showers or cool yourself with the ice fountain.

Spa Etiquette



Spa Sula

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discover ...you

This premier destination spa in Westport offers a selection of luxury and organic treatments which include facials, body wraps, massages and beauty treatments. The spa offers a thermal suite, with foot spas, steam room, rock sauna, salt grotto, ice fountain and outdoor rock pool.